

# freezer-unfreezer tag

At every moment players decide: Freeze someone who is unfrozen, or unfreeze someone who is frozen!

## 1 Everyone's IT

To start, everyone is IT. If anyone tags someone, they are frozen!

## 2 Frozen? Call for Help!

If you are frozen, you hold your two arms outstretched from the shoulders and yell "Help! Help! Help!"

## 3 Not Frozen? Existential Choice

If you are not frozen, at any moment you have a choice: You can freeze someone who is unfrozen by tagging them, or unfreeze someone who is frozen! To unfreeze someone, duck under their outstretched arms and yell, "Unfrozen!"

## 4 Unfrozen? Free to Choose

Once you are unfrozen you are free to either freeze anyone who is moving (by tagging them and yelling "Frozen!") or unfreeze anyone who is frozen (by ducking under their arms and yelling, "Unfrozen!").

### for variety

If you are frozen, place your legs wide apart with your hands at your sides. To unfreeze someone, crawl through their legs and shout, "Unfrozen!"

