

balloon bounce

Game 70

This all-time favorite is guaranteed to bring laughs and high spirits to any group.

- 1 Form Groups**
Players form groups of four.
- 2 Inflate Balloons**
Each group inflates and ties off two balloons, preferably of different colors.
- 3 Hold Hands**
Players hold hands in a circle, holding the balloons in their hands.
- 4 Balloon Bounce**
Players bounce a balloon in the air without letting go of their hands. They use hands, heads, elbows, feet, or any body part to keep the balloon afloat.

- 5 Experts? Bounce Two**
When the group feels confident, they release the second balloon and try to keep two balloons in the air at once. If a balloon lands on the ground, players must pick it up and get it bouncing again without letting go of their hands.

for variety

Feather Float

A feather is used instead of a balloon. Instead of hitting it, to keep the feather afloat everyone blows.



creative coordination